



CANCER REHABILITATION The New Frontier

Each year, 280,000 women are diagnosed with women's cancers. Attend this one-day conference packed with information you'll need to help them safely return to their active lives.

Presented by Cotting Connection

Who should attend? Nurses, Physical Therapists, Occupational Therapists, Massage Therapists, Fitness Professionals, Yoga, Pilates & Dance Instructors, Social Workers, Cancer Survivors & Friends.

Why? Statistics show that more than 350,000 women in this country will be diagnosed with women's cancers this year. It is well known that keeping body fat low reduces the risk of a cancer re-occurrence. But, when physicians tell their patients to get active after cancer treatments, most have no idea where to find a specialist familiar with the treatments they have experienced. We know that a formal network of Cancer Rehabilitation Specialists trained to serve this growing population does not yet exist. This is a terrific opportunity to become familiar with the range of cancer treatments in practice today.

When? Saturday, September 30, 2006 7:00am to 5:30pm ▶ Lunch and refreshments will be served

Where? Lasell College, DeWitt Hall ▶1844 Commonwealth Avenue ▶ Newton, MA

The Speakers: *Naomi Aaronson, MA OTR/L CHT* ▶ *Hester Hill Schnipper, LICSW, BCD*
Beth-Ann Lesnikoski, MD ▶ *Ursula Matulonis, MD*
Nancy J. Roberge, PT, DPT, M. Ed ▶ *Karen Ingwersen RN, MSM, CMT*

With Demonstrations by: the LeBed Method's "Focus on Healing", Casting to Recovery and More!

Topics Include:

- | | |
|---|--|
| Cancer Rehab and the Continuum of Care | Current Issues in Women's Cancers |
| Cancer Diagnosis & Treatment | Recovering from Cancer Treatment |
| The Role of Integrative Medicine & Massage | How Cancer Treatments Affect Body Mechanic |
| Life After Breast Cancer | Identifying and Managing Lymphedema |
| Classes and Programs Designed for Survivors | |

With Breakout Sessions Designed for Each of These Groups:

- | | |
|---|---------------------------------------|
| ▶ Nurses, Physical & Occupational Therapists | ▶ Massage Therapists |
| ▶ Fitness Professionals, Yoga & Dance Instructors | ▶ Social Workers, Survivors & Friends |

Course Fees: Survivors: \$50 before 9/12/06 \$75 thereafter Students with valid ID \$50
All others: \$125 before 9/12/06 \$150 thereafter **Seats are limited so please register early**

Come learn from the experts where we've been and where we are going in the field of cancer rehab. Prevent unnecessary side effects or injury. Make the most of an exercise protocol. Learn what your clients have been through and how ongoing long term treatments can mask or aggravate unspecified conditions. Network with colleagues, survivors, and others interested in the rapidly developing field of cancer rehabilitation.

Set yourself a step ahead of others in this field. Don't miss "**Cancer Rehab: The Next Frontier**"

Note: This symposium is NOT intended to teach attendees how to TREAT cancer patients but to simply be AWARE of the risks of injury and methods of prevention. **CEU's available**

For more information, contact: Cotting Connection by calling: (617) 795-2214
Cotting Connection is a 501 (c) (3) non profit organization and
A proud Community Partner of the Lance Armstrong Foundation